

## Rahat - Covid

### NEED OF THE HOUR IS NOT JUST ONE

#### Highlights:

27 states/UTs  
10,000+ Tonnes of ration and other essentials  
250,000 kgs of fresh vegetables and fruits  
950,000 face masks  
1,350,000 cloth sanitary pads  
Medical: PPE Kits, Oxygen Concentrators & Medicine Kits.

As the pandemic rages on, we are witnessing innumerable problems cropping up that need immediate attention. However, one constant need that is being overlooked in the medical-need crisis is that of hunger. As Covid spreads like wildfire to the rural pockets of India, availability of ration and vegetables; the need for isolation centers; means of livelihood generation during the lockdown; and urgent medical care; all put together have become issues that need immediate addressal. With the ever-growing needs, we have scaled up our interventions with our grassroots networks and are delivering these essential services.

Through our functioning processing centers, we are curating individual **Food Kits**, reaching them even to the remotest parts across the country, and **Medical Interventions**, focusing on the last-mile health workers and individuals who require it; we are procuring and channelizing **Medical Aid**; at our various production units, we are making **Face Masks** on a large scale. We are also building partnerships to convert unused buildings such as schools, into **Not Alone Centres**; and supporting **Khichri Dhabas** (Roadside Eateries) with rations to ensure food security. We are continually scaling up our interventions and in this race with time, we need your support to stand with our fellow citizens.



## MEDICAL INTERVENTION



### Filling crucial gaps

Key gaps are being filled through medical interventions for immediate effect. We are reaching out with medical aids to address aspects of early recognition, initial diagnosis, preventative and basic medical care for all. Medical aid such as comprehensive kits of generic medicines, masks, gloves, thermometers, oximeters, ORS, PPE Kits, sanitizers and other essentials are being reached as per need to frontline workers and more concise kits are being reached to individuals. Work on oxygen cylinders and concentrators are also in progress.



### Not Alone Centres

With many families living in small spaces, lack of personal space for millions is a common issue. Thus, to address the very important need of physical distancing, we have lent our support in creating Not Alone Centres in existing buildings by providing necessary equipment. They are already up and running in Maharashtra and West Bengal.





## ENSURING FOOD SECURITY



### Food Kits

Communities across India are having a tough time surviving the second wave due to lack of food and zero resources. Goonj is working actively and has channelized ration and other essentials to the remotest parts across the country.



### Khichri Dhabas

To stand with the people during this pandemic, We are supporting community kitchens, which serve daily meals. At present, we have also begun 'Khichri Dhabas' (roadside eateries) in few states, and have more in the process of being set-up. The dhabas are where people can come and have meals free of cost, or at minimal cost. This is to support the Dhabas by reviving and running them to ensure food security.







### Working with Farmers

Nutritious food is extremely important to be able to stay healthy, especially with the pandemic now reaching one and all. Rural communities too, are at high risk for contracting the disease. Moreover, usually most of them have no access to basic vegetables or fruits, thus always lacking nutrition. Also, due to the lockdown, the farmers have no place to sell their produce. Thus, in order to address both these situations, we are procuring vegetables/fruits directly from the farmers and reaching them to the nearby villages/areas, ensuring nutrition for the local residents.





## FOCUS ON MISSED-OUT COMMUNITIES



Ration for leprosy community in Bihar...

During these unprecedented times, the hardest hit have been the missed-out communities like people with leprosy, HIV+, the differently-abled, transgenders, sex workers, devdasis and many more.

With no access to the basics, they are in an unspeakable state. Goonj's relief efforts across states are on in full swing for such communities. Be it providing nutritional support to vulnerable tribal groups, to first-aid or medical support to the leprosy-affected. So far 5,400 leprosy affected families are supported in a few colonies. India has about 800 such colonies.



At a roadside-dwelling in Mumbai...

We are extending our support in terms of livelihood generation by working with them on various initiatives. Additionally, transportation to vaccination centres, reimbursement for oxygen cylinders and oxygen refills, and material support for community kitchens, daily essentials, ration and medical requirements are also being reached to them.



With the transgender community in Malad, Maharashtra...



With artisans in Balodabazar, Chhattisgarh...



## Rahat Covid - Some Glimpses





# UPDATE FROM THE GROUND

(Rahat Covid, Cyclones Tauktae, Amphan, Nisarga, Nivar, Assam & Bihar Floods)

## PRIMARY SUPPORT

**10,000+ Tonnes** Ration and other essentials channelized

**440,000+** Families reached

**365,000+** Ready Meals provided

## HYGIENE INITIATIVES

**950,000+** Face masks

**1,350,000+** MY Pads (cloth sanitary pads)

## MEDICAL INTERVENTION (in process)

**NOT Alone (Care Giving Centres)**

**45,000+** Family Medicine Kits

**4,500+** Healthcare Giver Comprehensive Kits

**30,000+** PPE Kits

Oxygen Cylinder/ Concentrator

## PARTNERSHIP

**550+** Organizations in **27 states/UTs**

Working extensively with many corporates, foundations and individuals

## DIGNITY FOR WORK (DFW) PROJECTS 10,000+

**Kitchen Gardens made 1,500+**

**Water Resources Projects**

Ponds **400+**

Canals **800+**

Private spaces/bathrooms made/repared **1000+**

## VEGETABLES/FRUITS DIRECTLY SOURCED FROM FARMERS

**250,000+** kg



# WORK GOES ON...



## Urgently Required

Bulk Quantities of cotton/semi cotton cloth for face mask making



Please Contribute surplus/deadstock cloth and Monetary Contributions for bulk purchase

Face masks are being made and added to our relief kits on largescale

SCAN TO DONATE



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We are reaching basic ration and hygiene materials to people who need it badly

Money and Material both matter in this unprecedented time

To donate:  
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