



## Recognition to 'Best Practices' Easing Menstrual Challenges

If you or your organization has evolved and implemented some ideas/practices to ease this challenge, we want to hear from you. We are recognizing and highlighting best menstrual practices and ideas to motivate others to do the same and to create a healthy ecosystem with knowledge-based sharing, cross-learning and networking.

Last date to submit your entry: May 7, 2019

You can also courier a hard copy of your entry titled 'Menstruation Dialogue Entry' to Goonj, J-93, Sarita Vihar, New Delhi-110076

Download the offline form from: https://goonj.org/mh-a-dialogue-and-recognition/

## We are looking for

- Formal/informal organizations working globally on diverse issues which also include/impact women
- Any practices/special initiatives taken by you around 3 A'sof Menstruation (Better Access, Better Awareness, Better Affordability) or around breaking the culture of shame and silence around this issue.
- Please share qualitative/quantitative information to illustrate your best practice. (pictures, media articles, data, stories)
- Your practice/ initiative should be ongoing or done within the time frame of last 2 years.

For any doubts and queries write to us at njpc@goonj.org or reach us at 011-26972351.

Name/Title of the your Organization Name, if any of your menstrual Project/Initiative-Location-

Name of team/Individual behind the initiative-

- 1. What was the trigger for starting this practice? Include any pictures/writeup you may have. (100 words)
- 2. What is your initiative/solution? Briefly explain.(200 words)
- 3. How many women are impacted by this practice?
- 4. What are the challenges you are facing in implementing this practice?
- 5. What resources/information do you need to further grow this practice?
- 6. Share some Evidence around your menstrual practice with any of the following means:
  - Photos, data, case studies
  - Published media articles
  - Awards/Recognition
  - 2 independent References who can speak about the impact of this practice
- \*Consider when preparing your answer:
- the vision of this initiative?
- the 4 W's (what, where, when, why) and one H (How) in describing the initiative.
- some information about the background of the targeted/impacted women.
- the impact.

## **Social Media Information**

\* Please provide full URL of your social media handles. (ex: <a href="http://www.mywebsite.com">http://www.mywebsite.com</a>) Website, Facebook, Twitter, LinkedIn, Instagram, YouTube:

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